

**JULSCHEMA v. 52 - v. 2 (Samtliga klasser hålls på Mariatorget).  
 Julkortet 749 kr - yoga obegränsat under dessa veckor!  
 Alla andra kort, klippkort, månadskort, autogiro gäller som vanligt.**

V E C K A 52

23/12 Måndag	24/12 Tisdag	25/12 Onsdag	26/12 Torsdag	27/12 Fredag	28/12 Lördag	29/12 Söndag
	<b>Jul flow</b> 10.00-11.15 (Eva E)				<b>Vinyasa flow</b> 10.00-11.15 (Christina L)	
<b>Vinyasa flow</b> 12.00-13.00 (Eva E)		<b>Vinyasa flow</b> 12.00-13.00 (Tuva R)	<b>Vinyasa flow</b> 12.00-13.00 (Eva E)	<b>Vinyasa flow</b> 12.00-13.00 (Magdalena E)	<b>Hot yoga</b> 11.45-13.00 (Magdalena E)	<b>Hot yoga</b> 11.00-12.15 (Johanna S)
<b>Vinyasa flow</b> 17.30-18.45 (Tuva R)		<b>Hot yoga</b> 13.30-14.45 (Miriam H)	<b>Hot yoga</b> 13.30-14.45 (Magdalena E)	<b>Rocket yoga</b> 15.30-16.45 (Frida S)	<b>Yinyoga</b> 14.00-15.15 (Eva E)	<b>Hot hatha</b> 12.45-13.45 (Johanna S)
			<b>Yinyoga</b> 15.30-16.45 (Lisa S)			<b>Yin yoga</b> 16.00-17.15 (Eva Eriksson)

V E C K A 1

30/12 Måndag	31/12 Tisdag	1/1 Onsdag	2/1 Torsdag	3/1 Fredag	4/1 Lördag	5/1 Söndag
	<b>Nyårs flow</b> 10.00-11.15 (Frida S)				<b>Vinyasa flow</b> 10.00-11.15 (Christina L)	
<b>Vinyasa flow</b> 12.00-13.00 (Eva E)		<b>Yinyoga</b> 13.00-14.15 (Eva E)	<b>Vinyasa flow</b> 12.00-13.00 (Anna B)	<b>Vinyasa flow</b> 12.00-13.00 (Anja)	<b>Hot yoga</b> 11.45-13.00 (Chris)	<b>Hot yoga</b> 11.00-12.15 (Chris O)
<b>Vinyasa flow</b> 17.30-18.45 (Anna B)			<b>Hot yoga</b> 16.00-17.15 (Josefin S)	<b>Yinyoga</b> 15.30-16.45 (Johanna S)	<b>Yinyoga</b> 14.00-15.15 (Alexandra U)	<b>Hot hatha</b> 12.45-13.45 (Johanna S)
<b>Hot yoga</b> 19.15-20.30 (Tuva R)			<b>Yinyoga</b> 17.45-19.00 (Alexandra U)	<b>Rocket yoga</b> 17.15-18.30 (Frida S)		<b>Yin yoga</b> 16.00-17.15 (Christina L)

V E C K A 2

6/1 Måndag	7/1 Tisdag	8/1 Onsdag	9/1 Torsdag	10/1 Fredag	11/1 Lördag	12/1 Söndag
<b>Vinyasa flow</b> 12.00-13.00 (Christina)	<b>Vinyasa flow</b> 12.00-13.00 (Naomi G)	<b>Vinyasa flow</b> 12.00-13.00 (Nathalie W)	<b>Vinyasa flow</b> 12.00-13.00 (Mini)	<b>Vinyasa flow</b> 12.00-13.00 (Anja)	<b>Vinyasa flow</b> 10.00-11.15 (Lisa S)	
		<b>Hot yoga</b> 16.00-17.15 (Josefin S)			<b>Hot yoga</b> 11.45-13.00 (Magdalena E)	<b>Hot yoga</b> 11.00-12.15 (Chris O)
<b>Vinyasa flow</b> 17.30-18.45 (Christna L)	<b>Ashtanga Mysore</b> 17.30-19.00 (Naomi G)	<b>Bhakti Vinyasa</b> 17.30-18.45 (Anja)	<b>Hot yoga</b> 17.30-18.45 (Nathalie W)	<b>Yinyoga</b> 16.00-17.15 (Lisa S)	<b>Yinyoga</b> 14.00-15.15 (Alexandra U)	<b>Hot hatha</b> 12.45-13.45 (Sanna F)
<b>Hot yoga</b> 19.15-20.30 (Josefin S)	<b>Hot yoga</b> 19.30-20.45 (Magdalena E)	<b>Yinyoga</b> 19.00-20.15 (Madeleine S)	<b>Yinyoga</b> 19.00-20.15 (Eva E)	<b>Vinyasa flow</b> 17.45-19.00 (Magdalena E)		<b>Yinyoga</b> 16.00-17.15 (Lisa S)